

East Foothill  
Church of Christ  
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## Bible Word of the Week

φώς- phos – light  
(foce)

**Definition:** light, a heavenly light such as surrounds angels when they appear.



**Sentence:** “Let your φώς so shine before me, that they may see your good works and glorify your Father in heaven.”

Matt. 5:16

(Verbs and nouns are not used in their proper tense. They are just to show where they are used in scripture)

## BIBLE FACTS:

thank - appears 27 times  
thanked - appears 3 times  
thankful - appears 3 times  
thankfulness - appears once  
thanking - appears once  
thanks - appears 73 times  
thanksgiving - appears 28 times  
thanksgivings - appears twice  
thankworthy - appears once  
(KJV)



“Altogether, Methuselah lived 969 years, and then he died.”

Genesis 5:27

*"The foundation, the state, the perfection of wisdom is knowledge of the Holy Scriptures"*

~ Rabanus Maurus

*"All Scripture is God-breathed and He doesn't waste His breath"*

~ Jim McCotter

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November 18, 2012

# Discovering Truth

*Teach me Your way, O Lord, that I may walk and live in Your truth” – Psalm 86:11*

## Attitude of Gratitude

It's the time of year where families are getting together, the air is getting colder, and the waistlines are getting bigger. This Thursday, many of you will probably gather together with loved ones, eat a huge meal, watch football, and enjoy a few days off. And if you're like my family, on Friday you will start decorating for next month's festivities. This time of year is a special time to spend with the ones you love the most. This is my favorite time of year because it's a chance where we can look back on the previous year and see how much God has blessed us.

Many of you will probably sit around the dinner table on Thursday taking turns being thankful for certain things in your life. There are many things to be thankful for. We are thankful for friends and family, good health, jobs, the food we eat, the house we live in, the material blessings we have, and the list can go on and on. God has blessed us beyond our comprehension.

Unfortunately, our country only spends one day being mindful of all the things we should be thankful for. How many of you take time out of **every** day to say a prayer of thanksgiving to our Lord? Paul wrote in 1 Thessalonians, “in everything give thanks” (5:8). He didn't say, “on the fourth Thursday of every November, give thanks for all your blessings.” But he said in **everything** give thanks. That means every Thursday of November. That means every day of the year we should be giving thanks to God everyday!

Saying thanks is one thing, demonstrating your thankfulness is another. We should all try to develop an attitude of gratitude. We can show our thankfulness by the way we act, the things we say, and how we treat others. How many people do you think can see that you are thankful for a new day? How many people can see that you are thankful for the food you are eating on a daily basis? Do you pray in front of other people? Do you share where you get your blessings with other people? Our attitude can tell other people a lot about who we are. I want other people to see that I am a Christian and that I am giving thanks to my God.

Try today to develop an attitude of gratitude. There is so much to be thankful for. Most of all we are thankful that we have a God who loved us so much that He sent His only Son to die for our sins. That alone should make you want to get down on your hands and knees and thank our merciful Lord. I am thankful for the gift of salvation. Are you? And more importantly, can other people see your attitude of gratitude?

~ Kevin



## East Foothill Church of Christ

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### Website:

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### Email:

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## Our Services

### Sunday

Bible Class: 9:30 am  
Worship: 10:45 am  
Evening: 5:00 pm

### Wednesday

Bible Class: 7:00 pm

### Our Elders:

Calvin Cooper.....408-258-3607  
Lalo Enriquez.....408-270-7327  
V. R. Hogan.....408-629-3055  
Charles Williamson.....408-926-9957

### Our Deacons:

Derrick Carbin.....408-238-5507  
Lenard Boesch.....408-226-0867  
Gus Rodriquez.....408-914-5762

### Our Evangelist:

Kevin Harrington.....714-364-7428  
.....408-966-0727

❖ If you would like a Bible study or have any questions, please contact Kevin Harrington.

❖ Estudios biblicos en Español disponibles durante la semana. Por favor llamen a Lalo Enriquez.

*“You are near, O Lord, and all Your commandments are truth.” – Psalm 119:151*

# Finding Thanks

Scripture Reading: 1 Thess. 5:15-18

❖ God is the giver of all good things

❖ What to be thankful for

○ Friends and family

▪ We are \_\_\_\_\_  
for one another

• We \_\_\_\_\_  
each other

• We \_\_\_\_\_ on  
each other

• We \_\_\_\_\_ one another

• We \_\_\_\_\_ each other

○ The opportunity to \_\_\_\_\_

▪ Psalm 122:1

▪ Psalm 100:1-5

○ God's Word

▪ Helps us \_\_\_\_\_ (2 Tim. 3:16-17)

▪ Helps us to \_\_\_\_\_ God (Luke 24:27)

○ \_\_\_\_\_ times

▪ Bible characters did not have easy lives, but it's how they responded that made them \_\_\_\_\_ of \_\_\_\_\_

▪ We cannot \_\_\_\_\_

• 1 Cor. 9:24-26

• 2 Tim. 4:7-8

○ Heaven

▪ It will be b \_\_\_\_\_

• Rev. 21:11, 18-21

▪ It will not be \_\_\_\_\_

• Rev. 21:23-27

▪ There will be know \_\_\_\_\_

• Rev. 21:4

▪ We will be with God

• Rev. 21:1-3, 22

This Morning's Sermon:

## Finding Thanks

Kevin Harrington

This Evening's Sermon:

## Does God Exist?

Video Series

\*\*Reminder that all sermons are available  
online! Visit [www.efoothill.org](http://www.efoothill.org)\*\*



## Daily Spark #15

*Nahum 1:7 "The Lord is good, a refuge in times of trouble. He cares for those who trust in him."*

The city of Nineveh had been given the privilege of knowing the one true God. Under Jonah's preaching this great gentile city had repented, and God had graciously held off His judgment. However, a hundred years later, Nahum proclaims the downfall of this same city. They had forgotten their revival and have returned to the habits of violence, idolatry, and arrogance. As a result, Babylon will destroy the city so that no trace of it will remain – a prophecy fulfilled in painful detail. However, God never leaves His people without a way to repentance.

God reassures His people that although a horrible judgment is coming to their city, that the Lord is good. We serve a good and awesome Lord. When God was creating the heavens and earth, He saw that what He created was good. Everything was perfect. It's man that is not good. With man came sin. But the Lord is good. God has been good to all of us. Sometimes it seems like our life is playing out the same scenario of Nineveh. We are in a downward spiral. Nothing can help us. Everything bad seems to happen to me. But we need a reminder that God is good. And although things might be tough, God will always be good to us.

God also reminds His people that He is a refuge in times of trouble. Nineveh was definitely coming up on some troublesome times. But God wanted His people to turn to Him. God is our refuge, our rock, and our stronghold. You get this idea of a fortress that can't be penetrated. When we take our refuge in the Lord, nothing can hurt us. God will be our shelter when the storms of life come. When the winds and the storms come pounding down on us, God will provide us the warmth and security we need. But, we need to seek His refuge. If you're out walking around and it starts pouring down rain, what's the first thing you do? Find somewhere to go so you won't get wet. So why don't we do the same thing when it comes to the storms of life? If it seems like everything that happens to you is bad, when it seems like you can't take it anymore, why don't you find somewhere that will keep you dry? Find your refuge in God. Ask for His help. Pray to Him. Search His word for the answers and for truth. God will be your refuge and stronghold if you allow Him to be.

Nahum also reminds the people that God cares for those who trust in Him. God will show us the unconditional love and compassion that He's shown to all of His people. Those people that put their trust in the Lord and who take refuge in Him, will be cared for by God Himself. He is like a parent with their children. God will always love us and will always be there for us, but we need to trust that He can and He will deliver us from the storms of life.

When Nahum was talking to the city of Nineveh, it was too late for that city to be saved. They had been warned once before and now God was going to bring His judgment down upon them. But it's not too late for us. If you haven't taken your refuge in God, you need to do so. Trust that He is the only person that will get you through any hardship or difficulty in this life. Modern medicine, comforting words from friends and family members, and doctor's treatments can only go so far. God can give you refuge for all eternity.

Seek Him today. Trust Him today. And the Lord will be good to you.

~ Kevin (orig. email 10/28/11)

Want to get the Daily Sparks?  
Give Kevin your email address to  
receive them via email, or go to:  
<http://dailyspark.blog.com>

